08:30am-09:00am: Breakfast and Pre-Test

09:00am-09:15am: Introductory Remarks:

Goals and Mission to Broadly Improve Care at the Medical Center under a Challenging Financial Environment
Sheila Antrum, RN, MHSA
Chief Nursing and Patient Care Services Officer

Defining Challenge as Reflected in our TJC Alert, Press Ganey and Value Based Purchasing Metrics
Josh Adler, MD
Chief Medical Officer and Professor of Clinical Medicine

OBJECTIVE: Describe the current gaps in pain management identified through hospital satisfaction surveys and national surveys of hospital centers similar to UCSF.

09:15am-09:20am: Introduction of the Purpose of the CoEPE and Pain Summit 2013
Mark Schumacher, PhD, MD
Medical Director, Pain Services, UCSF Medical Center
Chief, Division of Pain Medicine, Department of Anesthesia and Perioperative Care
Professor of Anesthesia

09:20am-09:25am: Progress: Safe Use of Opioids/PCA
Sheri VanOs dol, PharmD, BCPS
Assistant Professor of Clinical Pharmacy
Medication Outcomes Center
UCSF School of Pharmacy

OBJECTIVE: Describe safe and appropriate use of medications and interventions such as PCAs (patient controlled analgesia).

09:25am-09:30am: Progress: Pain and Sedation Assessment
Adam Cooper, RN, BSN, MSN
Nursing Education
Department of Nursing
UCSF Medical Center

UCSF Pain Summit 2013
OBJECTIVES:
Select an appropriate pain assessment tool for use in a specific population. 
Assess pain using different pain assessment tools.

09:30am-09:35am: Progress: Multi Modal Analgesia
Mark Schumacher, PhD, MD

09:35am-09:40am: Progress: Integration of Pain Services: Scoping Initiative
Adimika Meadows Arthur, MPH
Administrative Director, UCSF Pain Service Line
Administrative Director, Division of Pain Medicine, Dept. of Anesthesia and Perioperative Care

OBJECTIVE: List the pain management resources available to UCSF providers and patients.

09:40am-10:10am: Pain Pharmacology and Pathways
Stefan Friedrichsdorf, MD
Medical Director, Department of Pain Medicine, Palliative Care and Integrative Medicine
Children’s Hospitals and Clinics of Minnesota
Assistant Professor of Pediatrics, University of Minnesota Medical School

OBJECTIVE: Select appropriate pharmacological and non-pharmacological treatment modalities best suited to treat acute, chronic, and neuropathic pain.

10:10am-10:20am: Adult Case Presentation
John Maa, MD
Assistant Professor, Surgery
Director, Surgical Hospitalist Program

OBJECTIVES:
Select an appropriate pain assessment tool for use in a specific population.
Recognize features of high-risk patients that may affect medical management in patients (i.e., organ dysfunction, obesity, and cognitive impairment).

Diana Coffa, MD
Associate Residency Program Director
Assistant Clinical Professor
Department of Family and Community Medicine
Assistant Medical Director
Family Health Center, SFGH

10:45am-11:00am: BREAK

11:00am-11:40am: Overview Integrated Pain Management Care in Pediatrics: Children’s Hospitals and Clinics of Minnesota
Stefan Friedrichsdorf, MD

OBJECTIVE: Improve safe pain management in special populations and children.

11:40am-12:00pm: Case Presentation: Compare and Contrast Minnesota Children’s with UCSF Benioff Children’s Hospital
Pediatric Panel Discussion

Moderators: Stefan Friedrichsdorf, MD
Karen Sun, MD

Pediatric Panel: David Becker, MD, MPH
Penny Ngo, PharmD
Lisa Gray, CCLS
Dawn Pizzini, RN, BSN, CNIII
Maurice Zwass, MD
Adimika Meadows Arthur, MPH

OBJECTIVES:
Select appropriate pharmacological and non-pharmacological treatment modalities best suited to treat acute, chronic, and neuropathic pain.
Make recommendations for use of available pain management modalities including pharmacologic agents (opiates and non-opiates), interventional modalities, acupuncture, and manual medicine.
Improve safe pain management in special populations and children.

12:00pm-12:15pm: BREAK

12:15pm-01:00pm: LUNCH with The Intensive Pain Rehabilitation Program (IPRP): A Model for Interdisciplinary Pain Management

Introduction of Team Members and Mention of Other Staff / Leadership who Support our Program
Sarah Palyo, PhD
Manager of IPRP and Behavioral Pain Programs
Mental Health Service
SF VA Medical Center

Overview of IPRP Structure (e.g. days, times, # of patients, pt flow through the process, classes, orientation / graduation, aftercare) and the Role of the Psychologist
Sarah Palyo, PhD

Review of Team Members’ Roles in both Interdisciplinary Evals and IPRP:

MD Role
Alain Lartigue, MD
Assistant Clinical Professor of Anesthesia and Perioperative Care
SF VA Pain Clinic Director

PT Role
Kathryn Schopmeyer, PT, DPT
SF VA Pain Clinic Physical Therapist

Care Coordinator Role
Kathleen Campbell, RN
SF VA Pain Clinic Care Coordinator

Pharm Role
Tracy Lin, PharmD

UCSF Pain Summit 2013
OBJECTIVES:
Select an appropriate pain assessment tool for use in a specific population.

Select appropriate pharmacological and non-pharmacological treatment modalities best suited to treat acute, chronic, and neuropathic pain.

Make recommendations for use of available pain management modalities including pharmacologic agents (opiates and non-opiates), interventional modalities, acupuncture, and manual medicine.

Recognize features of high-risk patients that may affect medical management in patients (i.e., organ dysfunction, obesity, and cognitive impairment).

01:00pm-01:15pm: Break Out Session Stations Set-Up and Assignments

01:15pm-03:15pm: Rotating Break Out Sessions

Complementary Medicine (Manual Medicine and Mind-Body) Stations

01:15pm-01:55pm:
02:35pm-02:55pm:

Adult Mind-Body
Lecture/Demonstration:
Kevin Barrows, MD
Director of Clinical Programs
Director, Mindfulness Programs
Associate Clinical Professor
Osher Center for Integrative Medicine

01:35pm-02:35pm:

Adult Massage
Lecture/Demonstration:
Wolf Mehling, MD
Manual Medicine Physician
Associate Professor of Clinical Family and Community Medicine
Osher Center for Integrative Medicine

02:55pm-03:15pm:

Pediatric Mind-Body
Lecture/Demonstration:
David Becker, MD, MPH
Associate Clinical Professor, Department of Pediatrics
Pediatric Integrative Medicine Physician
Osher Center for Integrative Medicine
Acupuncture Stations

01:15pm-01:55pm:
01:55pm-02:35pm:
02:35pm-03:15pm:

Adult Acupuncture

Lecture / Demonstration:
Sanjay Reddy, MD
Assistant Clinical Professor
Division of Hospital Medicine

Pediatric Acupressure

Lecture / Demonstration:
Cynthia Kim, MD
Associate Clinical Professor
Division of Pediatric Hospital Medicine

Interventional Techniques Stations

01:15pm-01:55pm:
01:55pm-02:35pm:
02:35pm-03:15pm:

Zhonghui Guan, MD
Assistant Professor in Residence

George Pasvankas, MD
Assistant Clinical Professor
Director, Pain Management Fellowship Program

Ramana Naidu, MD
Assistant Clinical Professor
Chief, Mount Zion Acute Pain

Mario De Pinto, MD
Director, Pain Management Center and
Chronic Pain Services

OBJECTIVES:
Select appropriate pharmacological and non-pharmacological treatment modalities best suited to treat acute, chronic, and neuropathic pain.
Make recommendations for use of available pain management modalities including pharmacologic agents (opiates and non-opiates), interventional modalities, acupuncture, and manual medicine.

03:15pm-03:30pm:  Wrap Up/Post-Test and Course Evaluation (CME forms submission)
PAIN SUMMIT OBJECTIVES

After this educational session, attendees should be able to:

1. Describe the current gaps in pain management identified through hospital satisfaction surveys and national surveys of hospital centers similar to UCSF.
2. Select an appropriate pain assessment tool for use in a specific population.
3. Assess pain using different pain assessment tools.
4. Compare and contrast signs and symptoms of acute, chronic, and neuropathic pain.
5. Select appropriate pharmacological and non-pharmacological treatment modalities best suited to treat acute, chronic, and neuropathic pain.
6. Make recommendations for use of available pain management modalities including pharmacologic agents (opiates and non-opiates), interventional modalities, acupuncture, and manual medicine.
7. Describe safe and appropriate use of medications and interventions such as PCAs (patient controlled analgesia).
8. Recognize features of high-risk patients that may affect medical management in patients (i.e., organ dysfunction, obesity, and cognitive impairment).
9. Improve safe pain management in special populations and children.
10. List the pain management resources available to UCSF providers/patients.
11. Appreciate the available UCSF resources and appropriate use for various patient needs.

PAIN SUMMIT PLANNING COMMITTEE

Anna Abramson, MD
Assistant Clinical Professor
UCSF Division of Hospital Medicine

Kevin Barrows, MD
Associate Clinical Professor
Director, Clinical Programs
Director, Mindfulness Programs
Integrative Medicine Physician
Other Center for Integrative Medicine

Margaret Chesney, PhD
Professor of Medicine
Osher Foundation Distinguished Professor in Integrative Medicine Director

Adam Cooper, RN, BSN, MSN
Nursing Education
Department of Nursing
UCSF Medical Center

Jon Levine, MD, PhD
Professor
Oral & Maxillofacial Surgery

Adimika Meadows Arthur, MPH
Administrative Director, UCSF Pain Service Line
Admistrative Director, Division of Pain Medicine, Dept. of Anesthesia and Perioperative Care

Christine Mlaskowski, RN, PhD, FAAN
Professor

Sarah Palyo, PhD
Manager of IPRP and Behavioral Pain Programs
Mental Health Service
San Francisco VA Medical Center

Mark Rollins, MD, PhD
Associate Professor of Anesthesia
Director, Anesthesia Clerkships
Member, Haile T. Debas Academy of Medical Educators

Mark Schumacher, PhD, MD
Professor
Director, Pain Medicine Services
UCSF Medical Center
Director, Division of Pain Medicine
Dept. of Anesthesia and Perioperative Care

Karen Sun, MD
Associate Professor
Chief, Division of Pediatric Hospital Medicine
Associate Director, Pediatric Pain and Sedation Service

Shei VanOsdol, PharmD, BCPS
Assistant Professor of Clinical Pharmacy
Medication Outcomes Center
UCSF School of Pharmacy

Morgen Ahearn
Assistant to Mark Schumacher, PhD, MD and
Anesthesia Pain Medicine Service Administrator

Associate Dean for Academic Affairs,
American Cancer Society Clinical Research Professor
Sharon A. Lamb Endowed Chair in Symptom Management Research

UCSF Pain Summit 2013
PAIN SUMMIT PRESENTERS

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Adimika Meadows Arthur, MPH
Representing IP3 Administration
Penny Ngo, PharmD
Pediatric Clinical Pharmacy
Integrated Pediatric Pain and Palliative Care Service – IP3
Kathryn Schopmeyer, PT, DPT
Bedside Nursing
Kathryn Schopmeyer, PT, DPT
SF VA Pain Clinic Physical Therapist
Karen Sun, MD
Associate Professor
Chief, Division of Pediatric Hospital Medicine
Associate Director, Pediatric Pain and Sedation Service
Maurice Zwass, MD
Chief, Pediatric Anesthesia

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Associate Clinical Professor, Department of Pediatrics
Pediatric Integrative Medicine Physician
Osher Center for Integrative Medicine
Kathleen Campbell, RN
SF VA Pain Clinic Care Coordinator
Lisa Gray, CCLSA
Certified Child Life Specialist
Pediatric Recreational Therapy
Alain Lartigue, MD
Assistant Clinical Professor
SF VA Pain Clinic Director
Tracy Lin, PharmD
Assistant Clinical Professor
SF VA Pain Clinic Pharmacist