

UCSF LIVING KIDNEY DONOR PATHWAY

	ANESTHESIA	PAIN	SURGERY	NURSING	PHYSICAL THERAPY	PATIENT
Surgical Booking			Surgery scheduling, discharge planning initiation, CURES review, screen for pain consult.	Administer catastrophization questionnaire at DWUII		
				Review Criteria for APS Consultation & place referral to Pain Management center to see Drs. Abrecht or De Pinto		
Prepare	Prepare Consult: deliver instructions via MyChart Determine risk factors for severe acute pain and chronic pain: anxiety, current pain, opioid use	Block team to contact donor 1-2 days prior to surgery to discuss TAP block procedure.	If APS consult, LD RN send summary in Hard Stop Report. Surgeon sign off on personalized pain control regimen. Must be documented.			Enroll in MyChart Review educational material.
DOS: Pre-Op	Pre-op warming, IV placement, ensure pre-op analgesics are administered, ensure consent for TAP block obtained (phone or in pre-op)		Consent checked, site marking and 24hr H&P completed 40 minutes prior to OR start.	Complete pre-op RN checklists 40 minutes prior to OR start.		If there is any chance of pregnancy, please discuss with RN/MD
			Acetaminophen 1000mg PO once	Apply warming blanket to patient		Follow NPO instructions per prepare
			Naloxone 4mg PO once	APAP, Naloxone given in pre-op		Risks of surgery and anesthesia will be discussed
Intra-op	Temp: Maintain patient temperature above 36.0 C Abx: Cefazolin PONV: Ondansetron 4mg IVx1 Dexamethasone 10mg IVx1 Opioid: Fentanyl (dose per anesthesia) Regional: bilateral TAP block bupivacaine		Intra-op Toradol per surgeon preference			
PACU	Oral opioids first: Oxycodone 5-10mg PO q4hr PRN. Ensure that 5mg is given 30 min prior to transfer to floor. Only use IV hydromorphone for severe breakthrough pain. No fentanyl.	APS to see all donors who underwent pre-op pain consult. Order placed by surgical team.	APS inpt consult as part of post-op order set.	Orals first. OK to use hydromorphone or morphine for severe breakthrough pain, will require separate order. Titrate to resp rate of 10bpm.		

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PACU	Anti-emetics PRN		Orals only on post-op order set, escalation to other meds after consult with on-call anesthesia MD.	If patient escalates to PCA - CPO must be started on floor. Check for order.		
			Labs: only if indicated			
FLOOR/ICU POD 0			Bowel regimen for opioid-induced constipation: Colace	Vital signs q4h, I&O qshift, daily weight, incision care.		Incentive Spirometry x15 q1h
			Labs per protocol	Out of bed (OOB) with RN		Advance to regular diet
			Acetaminophen 1000mg PO q8h	Clears, advance to regular diet as tolerated		Out of bed (OOB) with RN
			Ondansetron PRN	Foley Catheter to gravity		
			Oxycodone 5-10mg q4h PRN			
			Toradol 15mg q6h x3			
			Tramadol 50mg q6h PRN			
FLOOR/ICU POD 1+			Bowel regimen for opioid-induced constipation: Colace	Vital signs q4h, I&O qshift, daily weight, incision care.		Incentive Spirometry x15 q1h
			Labs per protocol	Advance to regular diet as tolerated		Regular diet
			Acetaminophen 100mg PO q8h	Remove Foley Catheter in AM		
			Ondansetron PRN	Ambulation: 3x daily		
			Nalaxone 4mg once			
DISCHARGE DAY			Labs per protocol	Vital signs q4, I&O qshift, daily weight, incision care.		Incentive Spirometry x15 q1h
			Acetaminophen 1000mg PO q8h	Ambulation: 3x daily		Regular diet
			Oxycodone 5-10mg q4h PRN			Continue exercises 3x/day
			Tramadol 50mg q6h PRN			
			Ondansetron PRN			
			Outpt Rx: Acetaminophen 1000mg PO q8h PRN, colace, Oxycodone for breakthrough pain			
POST-DISCHARGE 1 Week:			Assess wound, pain control, functional and neurovascular status			
			Consider referral to UCSF chronic pain clinic for severe persistent pain			
			Labs per protocol			