

ECT – Postictal Agitation Workflow

Post-Ictal Agitation (PIA)

- Characterized by motor restlessness, disorientation, panic like behavior, sometimes combativeness and/or escape tendency.
- Incidence somewhere between 5.4% - 12.5% after ECT.
- Has led to polypharmacy and Code Greys in the PACU
- Negative experience for patients, families, and staff

To avoid severe agitation, the below workflow is suggested. Please work with the psychiatrists to determine how long to wait in the procedure room. Please also let me know if you run significantly out of block time because of this new workflow.

ECT PIA Workflow

